ALUMNI NEWSLETTER

Barcelona College of Chiropractic

Q1 2026

FROM TRANSITION TO MOMENTUM

As we open the first Alumni Newsletter of 2026, it feels like a good moment to pause, reflect, and take stock of what has been a year of significant transition for BCC. You will notice that some of our usual sections are not included in this edition. With the end-of-year period being a particularly busy time across the college, we will focus this issue on key updates and look forward to bringing back additional features in the coming newsletters.

The second half of 2025 brought a major change in leadership; never an easy process for any institution. Transitions of this nature test systems, people, and resilience, and they require a great deal of adaptability behind the scenes. Staff, faculty, the clinic team, and students were all asked to navigate uncertainty while continuing to deliver education and patient care at a high level. That is no small task, and it deserves recognition.

One of the more visible outcomes of this transition has been the re-opening of the clinic in September and the implementation of PracticeHub, which marks an important step forward toward long-discussed digitalization. While change always requires adjustment, this transition has been both stable and encouraging.

None of this would have been possible without the commitment and professionalism of those involved. Change is rarely comfortable, but progress depends on people being willing to step up, adapt, and keep moving forward. To everyone who contributed their time, energy, and expertise during this period: congratulations on a job well done!

As we look ahead, it is worth remembering that while we have entered a new calendar year, the academic year is already nearing its halfway point, with Semester 1 exams approaching in February. The months ahead will undoubtedly bring challenges and opportunities, but they also offer the chance to build on the momentum created during this period of change.

We begin 2026 with renewed focus, a stronger foundation, and a shared commitment to growth. Thank you for being part of the BCC community… past, present, and future.





LEADERSHIP DAY WELCOMES THE NEWEST BCC COHORT 2025-2030

On Friday, November 14th, the incoming Year 1 cohort embarked on their first big adventure as Barcelona College of Chiropractic students. Forty-seven students, representing 18 nationalities and ranging in age from 18 to 36, joined nine experienced facilitators for a full day dedicated to self-discovery, teamwork, and… stepping boldly into the next chapter of their lives.

The day began at 7:00AM, as students gathered in downtown Barcelona, buzzing with the same anticipation and nerves many of you may remember from your own first weeks at BCC. A bus carried them an hour north into the foothills of the Pyrenees, climbing to 600 meters where crisp air, autumn clouds, and a 95% chance of rain promised an authentic mountain experience. Fortunately, the weather cooperated and it did not rain until the very end.

Upon arrival, one brave student volunteered to lead the way across the countryside, guiding the group on a gentle hike to the rustic Masia that would host the day's activities. Through a series of morning challenges, moving from one exercise to the next, stretching comfort zones, and building the bonds of a brand-new community, the students began to glimpse what it means to grow together as chiropractors and as leaders.

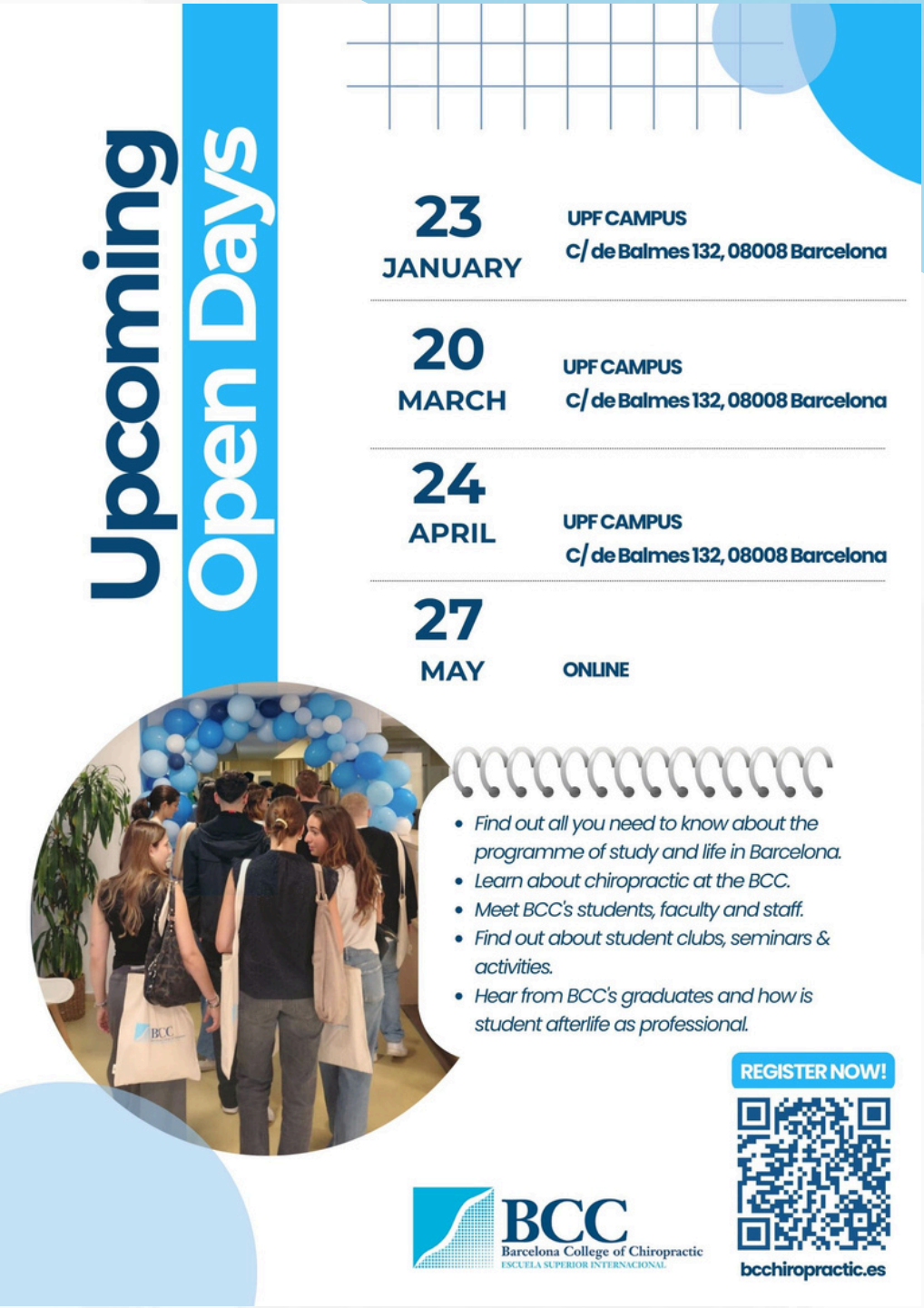
AA well-earned lunch featuring two impressive paellas awaited them, restoring energy after the outdoor activities. As afternoon settled in, the sky darkened and thunder rolled overhead, adding drama and rhythm to a powerful group experience around a roaring fire. After movement came stillness, after stillness a kind of shared trance, and finally the grounding comfort of hot chocolate & "coca", and heartfelt reflection: stories flowed, insights solidified, and the group began to truly feel like a cohort.

A new generation of BCC chiropractors, the Class of 2025–2031, has now begun their journey. Facilitators watched students open up, connect, and envision the chiropractors they hope to become. They are ready to make their mark on the world, and as a community, we have the privilege of guiding them.

For many of you, reading about Leadership Day may stir memories of your own early days: the excitement, uncertainty, and possibility of beginning something life-changing. These shared moments become touchstones. When studies get tough or life throws challenges your way, these shared moments remind us of our strength, our resilience, and the power of community. Here's to the newest members of our BCC family: Wishing them (and you) continued success on this magnificent adventure!



2026 OPEN DAYS @BCC



CALL FOR OPEN DAY SPEAKERS

We're looking for enthusiastic alumni and current students who would like to share their journey and inspire the next generation of chiropractors. The exact dates are still being finalized, but Open Days will be held in January, March, April, and May 2026.

If you'd like to take part and give prospective students an authentic glimpse into life at BCC, please get in touch with Natacha Verbist at **natacha.verbist@bcc.edu.eu**.

Your story could be the one that sparks a future chiropractors's decision to join our community!

Barcelona College of Chiropractic

BCC CLINIC UPDATE: DIGITALIZATION

Many of you will remember that moving the clinic fully digital has been a topic of discussion for quite some time. We're happy to share that the BCC Clinic is now fully operating on PracticeHub.

The transition has gone smoothly, with no major glitches to report. As with any new system, staff and students are still getting used to the new workflows, but the learning curve has been very manageable. All paper files since September 1, 2025 have now been scanned and uploaded, marking a significant milestone in modernising our clinical operations.

The next step will be the introduction of tablets in each clinic box, which will further streamline processes and make the patient experience even more seamless and user-friendly.

This move represents a long-anticipated step forward and reflects our ongoing commitment to keeping the BCC clinic aligned with current standards in healthcare delivery.

STAY CONNECTED: NEW BCC ALUMNI FACEBOOK PAGE

We're pleased to announce the launch of our new Facebook page dedicated exclusively to BCC alumni. This space is designed to keep our alumni community connected by sharing relevant updates, opportunities, events, and stories from fellow graduates.

Follow the page to stay in touch with the BCC alumni network, and feel free to share it with other graduates.

Use the link or QR code to join the BCC Alumni Facebook page.

https://www.facebook.com/profile.php?id=61583400237241

WISHING YOU A GREAT YEAR AHEAD

As we move into the new year, we'd like to take a moment to thank you for being part of the BCC alumni community. Whether you're well established in practice or still shaping your path, we hope the year ahead brings you continued growth, fulfilment, and inspiration in both your professional and personal journey.

We look forward to staying connected and sharing more updates with you throughout the year ahead.
